



RISK ASSESSMENT
Vogue Athletics

Nature of Activity	Cheerleading and Dance
Venue	Unit 1-3, 11 Regal Lane, Soham, CB7 5BA
Assessed By	Rick Rodgers
Date of Assessment	12/02/2021
Next Review Planned	August 2021

NB: This document contains individual assessments for disabled athletes who are deemed to require one. These are located at the bottom of the document. For data protection purposes they are only referred to by initials in this assessment.

Potential Hazard/ Risk	Who might be harmed and how?	Existing Controls in place	Risk Factor (High/Medium / Low)	Further control required	Risk Factor following further controls
Someone unsuitable to work with children is placed in a coaching position.	<ul style="list-style-type: none"> • Athletes • Risk of abuse 	<p>All necessary Vogue Athletics coaches and assistant coaches are DBS checked.</p> <p>All Vogue Athletics coaches and assistant coaches undergo a formal interview process.</p> <p>All Vogue Athletics coaches and assistant coaches undergo Child Protection Training and are familiar with Vogue Athletics Child Protection Policy.</p>	Medium	<p>Parents and athletes to be made aware of Vogue Athletics's CPP and the chain of command in the reporting of incidents.</p> <p>All coaches are Enhanced DBS checked, coaches have to have two references when applying for the job.</p> <p>We have two experienced adults on site when any session is taking place. Coaches are not to be alone with a single minor.</p>	Low
An athlete discloses personal information to a coach.	<ul style="list-style-type: none"> • Athletes • Coach • Risk of abuse 	<p>All coaches will be made aware of Vogue Athletics's Child Protection policy and follow the appropriate chain of command regarding the reporting of any incidents to the programme's designated child protection officer.</p> <p>Coaches, will endeavor to avoid a situation where they are alone with an athlete.</p>	Low	<p>Parents and athletes to be made aware of Vogue Athletics's CPP and the chain of command in the reporting of incidents.</p>	Low

		<p>If appropriate, in addition to informing Vogue Athletics's designated child protection officer, any reports made on location at any Venue will be passed on to that Venue's welfare officer.</p>			
<p>An athlete makes an accusation of abuse against an Vogue Athletics Coach or staff member.</p>	<ul style="list-style-type: none"> • Athletes • Coaches <p>Risk of abuse</p>	<p>All allegations of abuse will be taken seriously.</p> <p>Vogue Athletics will follow the appropriate chain of command regarding the reporting of any incidents to the programme's designated child protection officer.</p> <p>Vogue Athletics will deal with the member of staff accused in accordance with their child protection policy. This may include immediate suspension until an investigation has taken place.</p>	Medium	<p>Coaches, staff, parents and athletes to be made aware of Vogue Athletics's CPP and the chain of command in the reporting of incidents.</p>	Low
<p>Alcohol and drug misuse related incidents.</p>	<ul style="list-style-type: none"> • Athletes • Coaches 	<p>Where a coach is suspected of alcohol/drug misuse or is found to have such things about their person, they will immediately be ejected from the venue and disciplinary action will be taken.</p> <p>Where an athlete / child (under 18yrs) is suspected of alcohol/ drug misuse it will be reported to the coach (or parental guardian) and they will be asked to leave the practice. An appropriate disciplinary inquiry will follow.</p> <p>First Aid staff are trained to deal with some consequences of alcohol/drug misuse.</p>	Low	<p>Coaching staff have undergone some basic training to alert them to any actions or behaviours that might alert them to an athlete who has misused drugs or alcohol.</p> <p>Athletes are made aware of the club policy on drugs and alcohol.</p> <p>Athletes requiring medication which may affect behaviour are to inform coaching staff ahead of training.</p>	Low
<p>The training space is not clear – gym equipment and other objects left in the space potentially causing slips, trips or falls.</p>	<ul style="list-style-type: none"> • Athletes • Coaches 	<p>Coaches will ensure a suitable space for coaching, free from obstructions.</p> <p>Any equipment left out will be moved prior to any training, taking place.</p>	Low	<p>Upon arrival in the space, the Vogue Athletics coaches will inspect the space and remove any obstructions.</p>	Low
<p>An athlete injures themselves (on the premises but not while under instruction from Vogue Athletics in</p>	<ul style="list-style-type: none"> • Athletes 	<p>Vogue Athletics coaches and assistant coaches are aware of Vogue Athletics First Aid procedures and these will be followed if there is an injury.</p>	Low		Low



<p>the gym, for example, a trip or fall in the reception area).</p>		<p>Vogue Athletics staff includes coaches who are First Aid trained.</p> <p>A First Aid kit is located on site at their gym, in addition, the Head Coach also carries a kit.</p> <p>Coaches will hold emergency contacts for all athletes. If it is deemed necessary a parent/guardian will be called.</p> <p>Any injury will be reported in an Accident log and communicated to the parent/guardian as soon as possible.</p>			
<p>An athlete injures themselves while training, including falls from stunts which may result in a spinal injury.</p>	<ul style="list-style-type: none"> • Athletes 	<p>Vogue Athletics will only allow athletes to perform stunts above prep level on the sprung floor surface.</p> <p>Vogue Athletics will ensure all athletes are coached at an appropriate level to ensure safe stunting progressions and that athletes are taught to perform stunts safely (including catching falls) .</p> <p>Vogue Athletics coaches and assistant coaches are aware of Vogue Athletics First Aid procedures and these will be followed if there is an injury.</p> <p>Several staff have undergone concussion training.</p> <p>Coaches will hold emergency contacts for all athletes. If it is deemed necessary a parent/guardian will be called.</p> <p>If an ambulance is required, this will be called by a member of Vogue Athletics staff.</p> <p>Athletes will undergo a training at the beginning of the season to ensure that all athletes are aware of the procedures following a serious accident.</p> <p>Any injury will be reported in an Accident log and communicated to the parent/guardian as soon as possible.</p> <p>All athletes are aware of the physical risks involved in Cheerleading prior to participation.</p>	<p>Medium</p>	<p>Vogue Athletics will ensure that they stress to athletes the Health and Safety elements of stunting and that they listen carefully and follow instructions fully</p> <p>Vogue Athletics regularly reviews its policies.</p>	<p>Medium (due to the general level of risk involved in participation on the risk remains Medium)</p>



<p>An athlete or coach falls ill due to a pre-existing condition such as epilepsy, asthma etc.</p>	<ul style="list-style-type: none"> ● Athletes ● Coaches 	<p>Athletes/parents/guardians are asked to advise coaching staff prior to participation of all medical requirements and coaches must hold this information and any medication on their person so that it can be passed quickly on to either a nominated member of their staff or a medical professional to administer.</p>	<p>Medium</p>	<p>Vogue Athletics will ask athletes to make them aware if any athletes medical history changes.</p> <p>All disabled athletes will receive a one to one interview to discuss their condition, any medications etc. Individual RA's are listed below for these athletes.</p>	<p>Medium</p>
<p>Bio hazards such as blood or vomit.</p>	<ul style="list-style-type: none"> ● Athletes ● Coaches 	<p>Vogue Athletics have access to gloves, masks, and disinfectant to clean and sanitise the area, and staff will be trained in how to use them.</p> <p>Any vomit or blood spilt on an area of the floor will result in the carpet roll being sanitise before it's used again.</p>	<p>Low</p>	<p>Vogue Athletics staff made aware of where sanitization kits are located.</p>	<p>Low</p>
<p>Athletes will not be able to hear/follow instructions properly and as a result will put themselves physically at risk.</p>	<ul style="list-style-type: none"> ● Athletes 	<p>Vogue Athletics will agree an appropriate maximum number of athletes for the activity in their space.</p> <p>Vogue Athletics will ensure that the activities undertaken are appropriate to the number of athletes present.</p> <p>Vogue Athletics management exercise the right to request coaches turn down or off music when it is playing in the gym at an unacceptable noise level making instructions impossible to hear.</p>	<p>Medium</p>	<p>Particular consideration will be given to deaf athletes. Their individual needs and how they should be met will be given in their individual RA.</p>	<p>Low</p>
<p>Altercation (physical or verbal) between a coach and a parent / member of the public who has entered the gym.</p>	<ul style="list-style-type: none"> ● Coaches ● Parent / member of the public 	<p>Vogue Athletics coaches will receive customer service training and have guidelines in place as to how to deal with such a situation.</p> <p>Should a member of staff feel threatened, Vogue Athletics staff will communicate an emergency situation and if necessary the police will be called.</p>	<p>Low</p>	<p>Vogue Athletics to work on relevant procedures.</p>	<p>Low</p>
<p>Altercation (physical or verbal) between an athlete and a member of Vogue Athletics staff</p>	<ul style="list-style-type: none"> ● Athlete ● Coaches 	<p>As above but relating to athlete.</p> <p>Athlete's safety remains top priority. Where they are considered a danger to themselves or others appropriate action will be taken to make them and others safe.</p>	<p>Low</p>	<p>Athletes are made aware of Vogue Athletics policies regarding discipline and conduct.</p>	<p>Low</p>



Welfare facilities	<ul style="list-style-type: none"> • Athletes • Coaches 	There are toilets and drinking water available on site.	Low	Athletes and coaches are made aware of facilities available to them.	Low
Access for disabled athletes	<ul style="list-style-type: none"> • Athletes • Coaches 	Vogue Athletics to enable access to wheelchair using athletes and coaches.	Low	Entry ramps built to enable better access. Handrails fitted in toilets to improve access.	Low
Fire	<ul style="list-style-type: none"> • Athletes • Coaches • Vogue Athletics staff 	<p>Vogue Athletics coaches and staff aware of the gym's fire procedure, including evacuation and muster points.</p> <p>Vogue Athletics coaches will make athletes aware of the gym's fire procedure, including evacuation and muster points.</p> <p>Should an evacuation take place, a register will be taken to insure all athletes are accounted for.</p>	Low	Register to be taken at the start of each session.	Low

Individual assessments of athletes deemed to be 'At Risk' SOME DEDACTED SAMPLES

Athlete	Medical condition / disability / significant medical history	Agreed risk limitation (agreed between athlete and coaches/[Disability adviser], Vogue Athletics management and main advisor for disability adaptations)	Any further action required

In building Risks (Vogue Athletics Soham Gym)

Potential Hazard/ Risk	Who might be harmed and how?	Existing Controls in place	Risk Factor (High/Medium/Low)	Further control required	Risk Factor following further controls
Fire exits blocked by crashmats or other obstruction	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public • Vogue Athletics Staff 	Vogue Athletics coaches to ensure mats are stored so the exit is clear where possible	Medium	Two available fire exists in the gym space	Low
Risk of Legionnaires	<ul style="list-style-type: none"> • Athletes • Coaches 	Water from municipal source	Low	None	Low

through contaminated water supply in the sink or air conditioning unit	<ul style="list-style-type: none"> ● Parent / member of the public ● Vogue Athletics staff 	<p>Filter added to staff kitchen sink unit</p> <p>Bottled water available</p> <p>Airconditioning regularly checked</p>			
Injury from damage in sprung floor	<ul style="list-style-type: none"> ● Athletes ● Coaches 	Flooring checked yearly	Low	None	Low
Faulty electrical equipment causes shock or fire	<ul style="list-style-type: none"> ● Coaches ● Vogue Athletics Staff 	<p>Only Vogue Athletics staff and coaches allowed to handle the electricals</p> <p>Old or faulty equipment replaced</p>	Low	None	Low
Staff : Adults/Child Ratio	<ul style="list-style-type: none"> ● Athletes 	<p>1:10 unless: Aged <3yrs then 1:12 (with parents) Aged 3-5yrs 1:8 Note - During all Children's sessions a minimum of two adults must be present at all times</p>	Medium	Sessions capped to ensure ratio is adhered to	Low
Manual Handling Injury	<ul style="list-style-type: none"> ● Coaches ● Vogue Athletics staff 	<ul style="list-style-type: none"> ● Appropriate instructions are given on how to lift or move specialist items of equipment ● Ensure enough staff are available to move heavy objects as required <p>Ensure that staff have received Appropriate instruction on manual handling</p>	Medium		Medium
Strains and Injuries during and after play	<ul style="list-style-type: none"> ● Athletes ● Coaches 	<ul style="list-style-type: none"> ● Recognised Coaching methods used ● Adequate Warm Up and Cool Down ● Participants Wearing Suitable Clothing and Footwear ● Access to Qualified First Aider, First Aid Kit and Telephone ● Ensure adequate matting is in place and secured where necessary 	Low	Coaches to warm up as well as athletes	Low
Slip or fall on entry ramp	<ul style="list-style-type: none"> ● Athletes ● Coaches ● Parent / member of the public ● Vogue Athletics staff 	<p>Grip wire added to ramp</p> <p>First aider on site and telephone</p>	Medium	Handrails also added to aid entry	Low
Splinter or cut from entry ramp	<ul style="list-style-type: none"> ● Athletes ● Coaches ● Parent / member of the public ● Vogue 	<p>Ramp materials sanded down and appropriately secured</p> <p>First aider on site and telephone</p>	Low	Continue to monitor for signs of wear and reassess where needed	Low

	Athletics staff				
Weather conditions Dehydration, heatstroke, sunburn Hypothermia, pneumonia Participants,	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public • Vogue Athletics staff 	<ul style="list-style-type: none"> • Regular Breaks and Access to Drinking Water • Appropriate clothing, footwear and protection against prevailing conditions <p>Assess the conditions and plan accordingly. Hats is sunny, extra appropriate clothing if cold and/or wet</p>	Medium	Athletes and staff to be warned of conditions in advance where possible	Low
Injury or sprain from use of faulty gymnastics equipment / matts	<ul style="list-style-type: none"> • Athletes • Coaches 	Equipment regularly checked and any defaults reported and fixed / the equipment put out of service	Low	Athletes required to wear indoor trainers or be bare foot, athletes cannot wear socks only in the gym.	Low
Sprains strains, trips or falls from use of or inappropriately stored weights and training equipment in the dance studio	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public • Vogue Athletics staff 	<p>Weights stored appropriately and out of the way</p> <p>Appropriate training for use of weights system, coaches on hand to assist</p>	Low	Continue to monitor and adjust assessment where required.	Low

COVID-19 specific Risk Mitigation

Potential Hazard/ Risk	Who might be harmed and how?	Existing Controls in place	Risk Factor (High/Medium/Low)	Further control required	Risk Factor following further controls
The venue will be inadequately prepared in terms of hygiene before activities return and during activities Staff are unprepared training and resource wise to undertake cleaning and sanitising of equipment and gym areas (including PPE)	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public • Vogue Athletics staff 	<p>Deep clean of venue every week.</p> <p>The gym has large open spaces and lots of ventilation. We have multiple entry and exit points and traffic flow bottle necks</p>	High	<p>Entry restricted to Athletes only, one way system put in place.</p> <p>Athletes now exit from a different route than they enter.</p> <p>Fogger and disinfectant sprayer purchased to clean the</p>	Low



				venue between every class and fog disinfect at the end of each day.	
Access to the venue: The venue won't be able to facilitate social distancing measures for athletes and parents accessing the gym and car parking facilities	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public Vogue Athletics Staff	<p>Venue is large enough that social distancing in the gym and studio are possible for the maximum number we have allowed in those spaces (see our Return to play policy).</p> <p>There is ample parking and outside safe spaces at the venue as we are in a private area that social distancing won't be a problem.</p> <p>Entry to the gym is restricted to athletes only, and only 3 athletes maximum at any one time in the reception area so they can still adequately social distance.</p>	Low	Remind all participants and members of the public about social distancing measures. Ensure signage is present where needed.	Low
The venue will be inadequately prepared for social distancing measures	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public Vogue Athletics Staff	The venue has a one way system and social distance markers in place as stated in other areas of this RA.	Low	Monitor and continue to adjust where needed.	Low
The venue will be inadequately prepared in terms of toilette facilities	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public Vogue Athletics Staff	<p>There is one toilet for athletes and a second one for staff. Toilet has disinfectant wipes available and signage advising their use on the touch points after every use by the public.</p> <p>Facilities are disinfected after every class</p>	Medium	No more measures can be taken	Medium
The venue will be inadequately prepared in terms of changing facilities	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of 	We have no changing facilities available. All athletes to arrive in training kit already, with	Low	Athletes to put their shoes and bottles in	Low



	the public Vogue Athletics Staff	just their indoor shoes and water bottles with them.		separate shelves in the gym or studio. Helping to avoid viral spread on fomites. Storage boxes to be disinfected between uses.	
The activity/class timetable will not allow for safe social distancing between teams entering and exiting the floor / hallways / gym	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public Vogue Athletics Staff	All scheduling has been changed to allow a 15 minute space between exit of first class and entry of the next. Studio bookings have been arranged to ensure the same separation.	Low	Gym entry and exit are via different routes to further reduce the likelihood of bubbles crossing	Low
Staff and coaches will not know how to keep themselves safe from exposure to COVID-19	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public Vogue Athletics Staff	Staff trained on what 2 meters distance looks like and the latest guidance on keeping COVID safe. All staff wear masks when in the venue with the exception of if management are alone in the office. Staff advised on and monitored about hand washing and other current COVID safe measures.	Low	Monitor and assess as new information becomes available	Low
Staff work multiple jobs or multiple training bubbles within the gym. Increasing risk of infection vectors.	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public • Vogue Athletics Staff 	<p>Scheduling arranged so that staff members work the least amount of bubbles possible. Most staff only train one group in the space and are external (staying off the floor) for a second group as safeguarding support.</p> <p>Staff working other jobs instructed to keep aware of infection risk at their alternate venues and not to come in if there is a possibility of covid spread in their other job.</p>	Medium	Senior coaches working multiple training bubbles ensure stricter measures with social distancing, hygiene, sanitisation	



<p>Staff and coaches will not know what to do if an athlete or parent presents with Covid-19 symptoms https://www.nhs.uk/conditions/coronavirus-covid-19/</p>	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public <p>Vogue Athletics Staff</p>	<p>Coaches to read the bottom item on this H+S list.</p>	<p>Low</p>	<p>Training provided for all coaches and regular reminders to be given by management</p>	<p>Low</p>
<p>During classes coaches will be unable to maintain social distancing</p>	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public <p>Vogue Athletics Staff</p>	<p>Spots placed on the floor across the gym at 2 meters distance and boxes marked on the floor of the dance studio so that coaches and students know the safe distances at all times.</p>	<p>Medium</p>	<p>Ensure that if spots are moved they are replaced appropriately to continue to ensure social distancing is possible.</p>	<p>Medium</p>
<p>The storage of bags, shoes and water bottles etc will increase the risk of infection transmission</p>	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public <p>Vogue Athletics Staff</p>	<p>Athletes advised to ensure they only bring the minimum necessary items into the gym with them. Storage areas disinfected after every use. Current guidance is the Fomites aren't a large transmission risk.</p>	<p>Low</p>	<p>Continue to monitor and update as required</p>	<p>Low</p>
<p>An area where an athlete presenting with Covid-19 / confirmed Covid-19 requires sanitising</p>		<p>Disinfectant spray and mops available in the staff room. We also have a fogger which disinfects the entire area</p>	<p>Low</p>	<p>Staff and public to stay out of any infection areas until cleaning has taken place. Cleaning to be done with masks and other PPE where needed.</p>	<p>Low</p>
<p>Athletes and coaches that are travelling from an area where the government have put a local lockdown and restrictions in place.</p>	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public <p>Vogue Athletics Staff</p>	<p>Most of our athletes are from the local area so if there is a lockdown which affects them it'll affect the gym in its entirety.</p>	<p>Medium</p>	<p>Sports are currently exempt from lockdown restrictions under the RA covid measure in place here. VA management keep a close eye on lockdown information</p>	<p>Low</p>

				and developments in the guidelines and update any processes and RA as needed.	
Athletes may struggle to keep social distancing rules.	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public Vogue Athletics Staff	Athletes regularly and constantly reminded to distance. Coaches to keep vigilant about distancing in classes and in the venue.	Medium	Marker placed on the floor as a reminder and a way for athletes and staff to understand distances needed to stay covid safe.	Low
Athletes will struggle with choreography that travels and moves in between each other.	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public • Vogue Athletics Staff 	Choreography practice to be arranged to ensure there's no need for travelling or that any travelling maintains social distancing measure.	Medium	Marking will be placed on the floor to create 2m spacing to assist athletes and coaches to maintain social distance at all time. Athletes constantly reminded to maintain distance using the measure in place.	Low
The rule of 6 will affect our training session	<ul style="list-style-type: none"> • Athletes • Coaches Vogue Athletics Staff	<p>Current guidance says rule of 6 not applicable to under 18's in the way we train based on this current RA.</p> <p>Adult classes kept to 6 maximum or two classes of 6 in the space not mingling.</p> <p>Risk is to the gym's income more than members of the public in terms of infection vectors.</p>	Medium	Adult classes and mix age classes kept to a minimum. Adults advised strongly to participate in private training session rather than group classes.	Low
Cambridgeshire becomes an area of government lock down / Training is cancelled because of	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / 	If the local area is closed during lockdown the current guidance is that	Medium	Staff to ensure they maintain good personal	Low



lockdown or staff needing to quarantine	<ul style="list-style-type: none"> member of the public Vogue Athletics Staff 	<p>young peoples indoor sport activities can still take place under the current COVID safe RA.</p> <p>If staff need to quarantine we will arrange for alternative cover for the class where possible or close it until the quarantine ends.</p>		hygiene and do all they can to ensure they maintain social distance, wear masks when with any other staff or athletes.	
Accessible entrance and exit maybe compromised due to COVID security measures.	<ul style="list-style-type: none"> Athletes Coaches Parent / member of the public Vogue Athletics Staff 	Our ramped access to the gym isn't in the one way system but we ensure it's always available for anyone who needs it.	Low	We also make sure the accessible gym entry is part of our daily disinfection routine so it's covid safe.	Low
Ventilation for space not good enough. https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/providers-of-grassroots-sport-and-gym-leisure-facilities	<ul style="list-style-type: none"> Athletes Coaches Parent / member of the public Vogue Athletics Staff 	<p>The maximum occupancy of each indoor facility should be limited by providing a minimum of 100sqft per person. The building has at least 4500sqft useable space meaning we can accommodate up to 45 people in the building total.</p> <p>We restrict our Dance studio to 12 people and our gym to 28 people which leaves ventilation for 5 staff / any others in the building.</p>	Low	We leave the roller doors open in the gym and the windows open in the dance studio to ensure additional air flow during sessions.	Low
Accessible parking maybe comprised by COVID security measures.	<ul style="list-style-type: none"> Athletes Coaches Parent / member of the public Vogue Athletics Staff 	<p>We have no specific accessible parking spaces. There is plentiful parking all within 30 meters of the gym entrance.</p> <p>Some of our parking has been closed off to enable athlete exit but there is still plenty available for those who need it.</p>	Low	Continue to monitor and update as required,	low
Athletes who are required to	<ul style="list-style-type: none"> Athletes 	Any athletes at risk are	High	Athletes we	Low

<p>shield or for whom training presents a high risk attend practice against the advice of a medical professional.</p>		<p>advised not to attend sessions without advise from a doctor</p>		<p>are aware of who are at high risk are not allowed to return without a doctors note confirming it based on this RA</p>	
<p>Staff are unprepared in their training and resources to undertake cleaning and sanitising of equipment and gym areas (including PPE)</p>	<ul style="list-style-type: none"> ● Athletes ● Coaches ● Parent / member of the public ● Vogue Athletics Staff 	<p>Cleaning equipment and processes have been updated to be stricter.</p> <p>PPE and cleaning equipment purchased by the venue and training started to support the new processes.</p>	<p>High</p>	<p>Staff given training and overseen in the first couple of weeks as they get used to the new processes.</p> <p>Staff advised where venue purchased PPE is and advised they can purchase their own for different fits or further protection if they require.</p>	<p>Low</p>
<p>Athletes do not follow hygiene requirements as set out in government guidelines (regarding hand washing, coughing into elbow ect)</p>	<ul style="list-style-type: none"> ● Athletes ● Staff 	<p>Everyone entering the venue has to pass through and stop at our hand washing station which has running water, soap and paper towels to dry with. Upon leaving the facility each athlete is required to hand sanitise and we have strategically placed hand sanitiser stations around the venue.</p>	<p>Low</p>	<p>Coaches and staff to regularly remind athletes to sanitise</p>	<p>Low</p>
<p>If an athlete or coach requires first aid whilst at training</p>	<ul style="list-style-type: none"> ● Athletes ● Coaches <p>Vogue Athletics Staff</p>	<p>First aiders have been provided with gloves and all staff wear masks at all times while coaching or in company within the building. We will otherwise follow our usual first aid response and disinfect ourselves afterwards. WHO</p>	<p>Medium</p>	<p>Face shields to be purchased for the first aid kit. Gloves to be kept well stocked and easily available.</p>	<p>Low</p>

		suggests that if CPR is required and staff don't feel comfortable doing breaths then just doing chest compressions is sufficient.			
Athlete leave waterbottle, clothing, or other personal items at the gym after a session	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public • Vogue Athletics Staff 	All possessions left by athletes are disinfected and placed in a sealable box in the office with a post-it with the date they were left. Up to 14 days later the items are then removed and thrown in the bin.	Medium	<p>Gloves available if staff want to ensure further protection of themselves when handling others belongings.</p> <p>Belongings can be sprayed from afar so they are safe before staff make contact with them.</p>	Low
A Covid infection occurs and we need to trace it.	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public • Vogue Athletics Staff 	All athletes book for their sessions in advance and are registered on our Coacha system when they enter the building. Coacha has built in track and trace systems so we can identify which athletes have been in contact with each other dating back to their first interaction.	Low	We have placed up the new NHS track and trace QRcode posters at the entry to the building and at the dance studio as well so people can check in with their system if they wish.	Low
An athlete of staff member who has been to the gym tests positive for Covid-19	<ul style="list-style-type: none"> • Athletes • Coaches • Parent / member of the public • Vogue Athletics Staff 	Staff are notified immediately and VA management to call local government COVID team and PHE to get advice of further response. It is likely that the class the athlete attended will all have to go into quarantine for two weeks or longer if they show symptoms. Our Coacha registration system traces all athletes so it will be easy to know	Medium	Staff and athletes must strictly adhere to quarantine measure and any further advice from local COVID team or PHE to stop further spread.	Low



		who has been in contact with the infected individual			
Both Michael Cave and Rick Rodgers show symptoms at the same time.	<ul style="list-style-type: none"> • Vogue athletics staff • Vogue athletics business 	The gym is closed for use until quarantine is finished. If we can find suitable cover managers for the quarantine time the gym is deep cleaned and remains open but the classes they taught are closed.	Low	Continue to monitor and update as required,	Low

Nearest Telephone:	All coaches carry mobile phones.
Nearest Hospital/Doctor:	Adden Brookes Hospital, Hills Road, Cambridge CB2 0QQ
On Site First Aider:	Rick Rodgers (Wednesday – Friday)
Emergency Evacuation Procedure:	Separate document available
Emergency Contact at Vogue Athletics – Michael Cave 07814662859 / Rick Rodgers 07515443625	